



## The Human "D Cell"!

"How To Create Instant Results And Amplify  
Them In ANY Area Of Your Life Doing  
Something A Six Year Old Girl Can Do."

**Dear 11 Principle Master In Training,**

When you were a kid what were your dreams? To be a doctor, a pilot, a nurse?

My guess is you never heard a kid, or anyone else for that matter say, **"When I grow up I want to be a human battery!"**

Sound crazy?

Listen to this sentence I read from an article. "A device that produces electricity from blood could be used to turn people into human batteries."

How crazy is that?

Don't worry this is not about how to turn your neighbor into a power source so you can cut costs on your electric bill. You won't be learning how to sell your friends or family for energy either.

The fact is... this just points out something so profound that it is worth taking a look at. When you dive into physics they tell you everything is energy and they are right. Even you and everything about you. In fact you are such a valuable source of energy, someone found a way for you to power a light bulb!

**Let me ask you...**

- Who controls that massive energy source that you are?
- Do you control it or do you let other people control it?
- Where are the switches to your energy?



Everyone has been around another person who just did not feel good. In other words they had some funky energy emitting from them.

And on the flip side of that, you have been around people who just empower you to feel great! You can't explain it but you certainly can **feel** it.

It is their energy that you are feeling. The people that put out low energy leave you feeling exhausted, drained, and tired. When you're done with them you want to crawl up in bed and suck your thumb.

The people who put out that high, vibrant energy empower you and make you feel like you just drank a six pack of Red Bull, 12 Diet Cokes, and three shots of Starbucks espresso!

You get new ideas, excitement for life, inspiration to achieve the next level of your life, and you just generally feel great after you've been around a high-energy person. The more you can be around those people the better.

But let's take it a step further. Let's expand this and ask...

**“How can you ALWAYS be around those empowering people?”**

The answer is simple, become one of those people!

When you live in that energy the majority of the time magic starts to happen in your life. You get more money; better jobs, more happiness, incredible relationships, better health, and tons of amazing opportunities enter your life.



Become a high-energy person and you will always win.

One of my mentors summed it up best when he told me, “**Highest energy wins**”.

Let's look at how this can apply in each area of your life today.

**HEALTH** == In your physical experience it is obvious how this can affect your life. When you become an active high-energy person your **health** will benefit just because your body will be moving more. You will physically feel better and look better to yourself and everybody around you.

**JOB** == How about in your **job**? Can you get more money and a better job becoming a high-energy person? The answer is yes.

A woman in one of my workshops was having trouble at work. She did not like her job and was not making enough money. She tried to get a promotion to a different department doing a job she really loved and that paid a lot better but she was unsuccessful.

I told her highest energy wins and to go to work for an entire week being maximum energy.

She went to work the next day thinking she was doomed. She decided to try it anyway. She walked in with a smile that went for a mile and standing up tall. She talked to everyone and helped out in areas she would never be working. She had a spring in her step and her head was held high and proud. Her eyes were up and her posture was powerful.

**After that day she started to realize that she controlled her energy and her energy controlled her attitude.**

She decided that her job was not so bad and **she actually enjoyed it that day!** I was proud of her but the story gets a lot better.

The next day at work she had the same high-energy presence about her and after about an hour her boss called her into the office. Her boss said he had noticed her for a while (one day) and thought she would be perfect for a promotion to a new department.



**It was that same job that she wanted to do in the department she was unable to get into.**

It paid a lot more money too. He gave her the promotion on the spot. She could not believe it! She told me she never knew it could be so simple and fun to create success!

**RELATIONSHIPS** == How about your **relationships**? I think my wife takes the cake on this one. She had a crush on me since she was thirteen. I am 5 years older than her so I was eighteen when she was thirteen. I would go over to her house because my best friend was dating her older sister.

Whenever I would walk in the door she would run up to me and give me a huge hug then run away. I always thought she was a crazy little girl. Every time I saw her she would have massive energy radiating from her. I saw her maybe 10 times in 6 years, but every time she would be full of energy and smiling.

She moved out of state to go to college (I did not even know she was gone) and came home for Christmas one year. Somehow we ended up at the same place and there she was. All grown up and still lit up with energy.

We went on a couple dates while she was home then she went back to school. We dated long distance for a while but I did not like that and was going to call her and let her know I wanted to move on.

Well get ready for this because this is the power of becoming that high-energy person.

I picked up the phone, dialled her number in California and before the phone could ring the Fed-Ex guy came to drop of a package.

So, I hung up and went to sign for the package. I opened the door and there was Kelly! Standing there in Utah! On my front porch with a huge smile and all that energy!

Of course, we eventually ended up getting married. **That NEVER would have happened if Kelly did not make herself that high-energy person that felt good to be around.**

Becoming that person takes practice, but when you do, miracles occur in your life daily. You somehow end up in the right place, with the right people, learn the right skills, take the right roads, and do all of the right things that serve you.



**BUSINESS** == Would you like to easily apply this to **business success**? How exactly does having high energy make you more successful in business?

A perfect example of this is a friend of mine; Tellman Knudson of ListCrusade.com. If you ever meet him in person, talk with him on the phone or listen to one of his conference calls he has high energy.

Does it pay off? In his **very first year** of his Internet business he did **over \$800,000!** And his high energy he brought to the table played a big part in his success.

First, if you ever read any of his emails he sends to his ListCrusade subscribers you can feel the energy in them. They are active, engaging, interesting emails. People like to read them and take action on them. On the flip side, most people's emails are boring, unoriginal, and passive. **Which kind of emails would you rather receive?**

Second, people want to do business with him **because people (especially in business) like to be around other positive high-energy people.** He has done joint ventures with people like Jay Abraham, T. Harv Ecker, Mark Joyner, Nitro Marketing, Mark Victor Hanson, and dozens of highly successful people because highest energy wins, even in business.

**PERSONAL HAPPINESS** == How about some **happiness** anyone? My six year old daughter can come to me crying like someone just melted her Polly Pocket collection. In a matter of seconds she is skipping away smiling ear to ear, overflowing with happiness.

How? By raising her energy. If you operate at a high level of energy you can't help but be happy.

It is so simple that anyone from a full grown adult to a six year old (actually she has been doing this since she was 4) can do it.

### Highest Energy Wins.

Think about it as it relates to your life.

- Who would you want to work with?
- Who would you want to pass the ball to?
- Who would you want to have a relationship with, play with, and do business with?



It is always the person with that attractive energy not the repelling energy.

Other people are the same way. They want to be around people who have that high attractive force about them. They want to buy things, use their products or services, build relationships with them, and do whatever it takes to spend time with them.

And wisely so! They are smart to use whatever resources necessary to surround themselves with high-energy people. It is contagious and you benefit immensely by just being in that environment.

Human energy is so powerful and so obvious that people figured out a way to turn us into a human battery!

### **Take a look at your life and yourself...**

What kind of person are you? Are you a person who lets the high energy in and fly's 850 miles to get what you want or are you the kind of person who lets the low energy in and won't even leave your front door to get what you want?

So how do you flip the High Energy switch?

I know what you're thinking. "This all sounds great but it sounds easier to let them turn me into a human battery and collect my check every month."

Remember I told you it was so simple a 6-year-old little girl can do it but so powerful a grown up can get instant results? (And it does not drain energy from you like the human battery project; instead it actually gives you an abundance of energy).

This practice will **amplify the results** you get from working with the "11 Principles" exponentially.

Not only that it will **amplify the results you see in your life in everything**, and I mean EVERYTHING you do.

Everyone who has had success from internet marketing to marriage has used this practice. They may not have even known they were using it but they used it nonetheless.



It starts by changing your physiology. You must change your physiology in order to alter your mental or emotional state.

Remember how the woman I was coaching got the promotion at work?

*"I told her highest energy wins and to go to work for an entire week being maximum energy. She went to work the next day thinking she was doomed. She decided to try it anyway. She walked in with **a smile that went for a mile and standing up tall**. She **talked to everyone and helped out** in areas she would never be working. She had a **spring in her step** and her **head was held high and proud**. Her **eyes were up and her posture was powerful**." Those simple changes are all she did. But she did them on purpose and intentionally. All kinds of things are set into motion when you alter your physiology and command an intention. There is an entire "stage crew" behind the scenes moving and adjusting things in your brain and body.*

(You learn all about that in the 11 Simple Principles Course, get your copy today [www.Banabu.com](http://www.Banabu.com))

**You want to try it right now?**

Please don't dismiss this because it is simple. It has the power to completely change your life instantly! Besides, simple is the only thing that really works because it is the only thing people will truly do. If you don't understand something you won't do it.

Take a deep breath and let it out. Sit up straight and look forward. (You might want to print this page out so you can hold it.) Keep your head looking forward and only move your eyes for now. Look down towards the floor. Do that for 10 seconds. You can already feel a shift in your energy.

Now let your shoulders relax and drop forward keeping your head and back straight with your eyes still looking down. OK now let your head drop keeping your back straight. You should be looking at your chest at this point.

You are probably feeling a bit down and low energy right about now. We are almost done hang in there. Now let your back relax and slump forward.



Congratulations you just induced a mild state of sadness.

**Now let's hurry and get out of that.**

Sit up straight again and lift your arms up in the air. Reach as high as you can. Open your eyes as big as you can and smile.

**You can instantly change your state to a more empowering energy by doing little things like** changing your facial expressions, walk with a bounce, skip, breathing techniques, making yourself bigger, and anything else that triggers your brain to change your state.

Ok get back to normal. Can you see the immediate and powerful results you get with that? When you were down how did you feel? You felt down right? That's why they call it down.

It is so simple to do and it is immediate. So just remember that **the highest energy wins and you control yours**, not the people that want to turn you into a Duracell.

## **"How To Get Anything You Want, Starting Today..."**

It all begins with the course, "11 Simple Principles To Living Your Ultimate Life Starting Today" that you can get right now at [www.Banabu.com](http://www.Banabu.com)

In this course you will discover what these amazing 11 Simple Principles are and how to put them to use in your life.

And remember, "simple is superior"!

This course is designed for you to be able to quickly use the information and apply it to your life to start to see immediate results.

This report you just read is a small taste of the actual course. Do you understand the importance of energy and your energy in life now, and how it applies to each area in your life that is important to you?

That is what all-11 principles are like, simple, to the point and easy to put to use.



This report has already made a small (maybe even big) positive impact on you and your future results just by deciding to consciously be aware that **Highest Energy Wins And I Control Mine.**

Imagine what amazing things will start to happen for you when you have all 11 Principles working for you starting today at:

[www.Banabu.com](http://www.Banabu.com)

Warm Regards,

A handwritten signature in blue ink that reads "Mike Kemski".

Mike Kemski  
Founder, BANABU Development Systems